

Age category	Format	Race Distance	Shooting	Penalty
U11	Air Rifle or .22 <i>All shooting from prone position on standing targets with support. Without cuff.</i>	Sprint 2.0 K Pursuit 2.5 K Mass Start 2.5 K Individual 2.5 K	P PP PP PP <i>Rifles staged on mat at shooting point.</i>	50 Meters 50 Meters 50 Meters 15 Seconds
U13	.22 with support <i>All shooting from prone position on standing targets. Without cuff.</i>	Sprint 3.0 K Pursuit 4.0 K Mass Start 4.0 K Individual 4.0 K	PP PPP PPP PPP <i>Rifles staged on mat at shooting point.</i>	50 Meters 50 Meters 50 Meters 20 Seconds
U15 aka Senior Boys and Senior Girls	.22 (no support) With Cuff. <i>All shooting from prone position on prone targets. With cuff.</i>	Sprint 4.5 K Pursuit 5.0 K Mass Start 5.0 K Individual 5.0 K Relay 3x1.0 K (total 9 K) 3 Person	PP PPPP PPPP PPPP PP <i>Rifles racked at beginning and end of the range. Moved by coach or volunteer.</i>	75 Meters 75 Meters 75 Meters 30 Seconds 75 Meters
U17 aka Senior Boys and Senior Girls	.22 (no support) With Cuff.	Sprint 6.0K Pursuit 7.5K Mass Start 7.5K Individual 7.5K Relay 3x1.5 K (total 13.5 K) 3 person	PS PPSS PPSS PSPS PS <i>Rifles racked at beginning and end of the range. Moved by coach or volunteer.</i>	150 Meters 75 Meters 75 Meters 30 Seconds 75 Meters

Notes

1. Not all events will offer races for kids 8-10 or 11-12. It is hoped that the 13-14 and 15-16 age groups can be offered at races on a more consistent basis.
2. Category should be determined by date of birth similar to Youth, Junior and Senior determination under IBU rules.
3. Rifles are not carried on course by any of these age groups.
4. A novice race class is encouraged at events for relatively new club biathletes in the 11 to 14 year age groups to give them a racing opportunity and positive experience early on. All shooting would be done from the prone position on standing targets.

